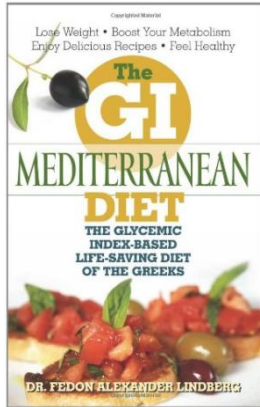


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THE GI MEDITERRANEAN DIET: THE GLYCEMIC INDEX-BASED LIFE-SAVING DIET OF THE GREEKS



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