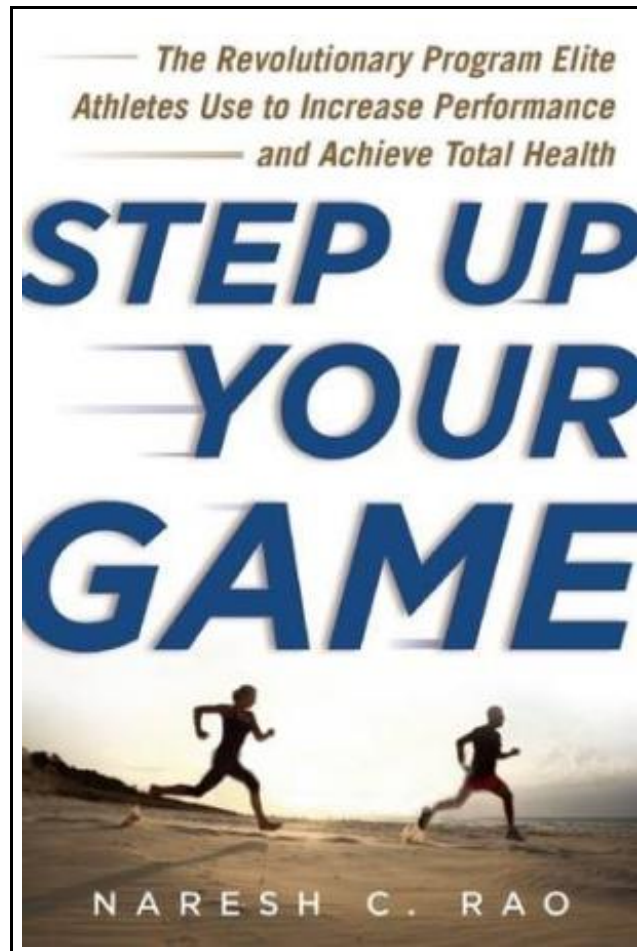


## Step Up Your Game: The Revolutionary Program Elite Athletes Use to Increase Performance and Achieve Total Health (Hardback)



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