



## Depression and Personality: Conceptual and Clinical Challenges

By Michael Rosenbluth, Sidney H. Kennedy, R. Michael Bagby

American Psychiatric Publishing. Paperback. Book Condition: new. BRAND NEW, Depression and Personality: Conceptual and Clinical Challenges, Michael Rosenbluth, Sidney H. Kennedy, R. Michael Bagby, Depression and Personality: Conceptual and Clinical Challenges offers an intriguing new look at where we are in understanding the relationship between personality dimensions, disorders, and mood disorder. It is both a cogent update of conceptual models and a clearly written, practical guide to the challenges faced every day by clinicians as they treat patients with depression and bipolar disorder. Laying the groundwork for subsequent chapters, the editors emphasize the value of not only robust pharmacotherapy augmented by psychosocial interventions (with a focus on the assets rather than the liabilities of a patient's temperament), but also of a detailed review of where we are today. An introductory overview provides valuable historical perspective on the evolution of personality from "humors" to body constitution and temperament. In 10 informative chapters, 22 contributors discuss \* The neurobiological dimensions of personality, focusing on affect-related traits as they review the evidence for serotonin and norepinephrine disturbance based on challenge paradigms, and the range of models to understand the interrelationship between personality and depression.\* The justification for depressive personality in both categorical terms,...

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